

Competency is assessed either through simulation, or when providing appropriate care for the patient depending on the situation. Some skills require e-learning to be completed prior to practical training. This will be highlighted on referral.

In some cases, where appropriate and with consent, training may be delivered on patient.

It is requested that suitable space is made available for training. If no space is available inform the service on referral.

How can I contact you?

The service can be contacted via the email address SocialCareTraining@SomersetFT.nhs.uk and we can send you a referral form.



Clinical skills training

for families, social care staff and private carers



Contact details

SocialCareTraining@SomersetFT.nhs.uk

J Glide /Aug22/review Aug23

www.somersetft.nhs.uk
All our sites are smokefree



For translation into other languages or in Braille, large print or audio, please ask a member of staff..

Social care training team

outstanding care
listening and leading
working together

What is the social care training service?

The social care training service was set up in November 2021 to deliver free training and competency assessing in selected clinical skills to the social care network, filling a gap exposed by the coronavirus (COVID-19) pandemic.

The aim of the service is to reduce avoidable hospital admissions, to facilitate and improve discharges for patients returning home from hospital and to reduce the number of district nursing visits that may be required for the patient.

The service comprises a small team working Monday to Friday between the hours of 9am-5pm. The service is not currently available on bank holidays and weekends.

Who is the social care training service for?

The social care training service is available for anyone whose work provides care outside of the NHS who require training or competency assessing in clinical skills where they may not have had previous experience, or requires updating. For example, family members, microproviders, domiciliary and care home staff.

We accept referrals from acute hospitals, community hospitals, residential homes, domiciliary care agencies, district nurses, clinical specialist nurses, other health care professionals and from patients and carers.

Should we not currently train in the clinical skills that you require, we will signpost to the appropriate service. We are collecting data to assess the need required to fill other service gaps.

What does the social care training service provide?

The social care training service currently provides training and competency assessing in the following clinical skills. The competencies are in line with current Somerset NHS Foundation Trust guidelines.

Skills include:

- **Catheter care** – attaching and detaching urinary leg bags/night bags including infection prevention and general catheter care.
- **Urinary sheaths** – applying and removing urinary sheaths including infection prevention and general urinary sheath care.
- **Stoma care** – attaching and detaching colostomy, ileostomy and urostomy bags including infection prevention and general stoma care.
- **Front of mouth suction** – assembling and general care of suction machine, removing secretions from front of mouth to assist with patient comfort.
- **Nebuliser support** – assembling and general care of nebuliser machine, correct administration of medication via nebuliser to patient.
- **Basic wound care** – applying simple dressings to minor wounds, such as skin

tears. Changing simple dressings as per patients care plan, understanding basic pressure area care. Recognising when wounds require escalation to district nurses or tissue viability nurses.

- **Subcutaneous injections** – Administering subcutaneous injections from a pre-filled syringe, disposing of sharps correctly and reducing infection risk.

How is training provided?

Theory is delivered by a member of the team, with presentations and handouts. Practical training is provided on manikins.

