

Somerset Diabetes Foot Integrated Pathway

Annual Diabetes Review at GP Practice*
Also for patients with a new foot problem or newly diagnosed diabetes

Perform a foot examination with shoes and socks/stockings removed

Test sensation using 10g monofilament	Palpate foot pulses	Inspect for deformity and callus	Inspect for ulceration	Inspect footwear	Ask about pain
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Triage to appropriate risk stratification category

Somerset Partnership Community Podiatry
Mon-Fri 08.30 – 15.00

Chard Booking Office
01460 247555
PhysiotherapyMSKandPodiatryChard@sompar.nhs.uk

Bridgwater Booking Office
01278 436733
PhysiotherapyMSKandPodiatryBridgwater@sompar.nhs.uk

Low Risk

No risk factors except callus

- Normal sensation
- Normal pulses

Increased Risk

One risk factor present

- Deformity *or*
- Neuropathy *or*
- Non-critical ischaemia

High Risk

- Previous ulcer
- Previous amputation
- On renal replacement therapy
- Neuropathy *plus* non-critical ischaemia
- Neuropathy *plus* callus and/or deformity
- Non-critical ischaemia *plus* callus and /or deformity

Active/Ulcerated Foot

- New ulceration, swelling or discolouration
- Deteriorating chronic ulcers

Emergency Conditions

Systemic infection with or without ulceration **arrange urgent admission** via Somerset Primary Link (SPL) **01749 836700** at Taunton, Yeovil, Bath or Weston

Infected gangrene or acute foot ischaemia refer to Vascular Team at Taunton via SPL **01749 836700**

Give written advice[§]

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Give leaflet and advise to call Somerset Community Podiatry Service if foot deteriorates before appointment[§]

Organise 6 or 12 month **review** at GP practice

Refer to Somerset Community Podiatry Service* (FPT)

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Refer **URGENTLY** to Somerset Community Podiatry Service (email labelled urgent or GP phonenumber 01749 836518) to be seen in an Ulcer Clinic within 24 hours by a Community Member of the MDFT for assessment and decision to manage in community, refer to hospital-based MDFT or arrange admission

Once healed, step down to regular Community Podiatry reviews

If required, refer on to vascular surgery, orthopaedics or orthotics

To be **reviewed** in 3-6 months by FPT and advised to call Somerset Community Podiatry service if feet deteriorate before next appointment

To be **reviewed** in 1-3 months by FPT and advised to call Somerset Community Podiatry service if feet deteriorate before next appointment

FPT – Foot Protection Team provided by Somerset Community Podiatry Service

MDFT – Multidisciplinary Foot Team provided by joint working between Somerset Community Podiatry Service, YDH and TST

ANTIBIOTIC GUIDELINES available [here](#)

[§] Leaflets can be downloaded: <http://intranet.sompar.nhs.uk/trust-information/communications-and-patient-information/leaflets-and-fact-sheets/>

*Practitioner to be competent as per National Skills Framework guidance – https://diabetes-resources-production.s3-eu-west-1.amazonaws.com/diabetes-storage/migration/pdf/NMSF_16Feb2011.pdf